



9162 Trinity Dr.  
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[www.trinitygymnastics.org](http://www.trinitygymnastics.org)

## Session Calendar & Schedule

Call for girl's or boy's competitive team information.  
See our website for special offer and current updates.  
(Schedule subject to change at anytime)

**Second class of the week receives a discount!**

STOP IN OR CALL THE OFFICE TO SIGN UP FOR OUR MONTHLY KIDS NIGHT OUT!!!

TRAINING CHAMPIONS IN BODY, MIND & SPIRIT

Kindergym	MON	TUE	WED	THU	FRI	SAT
<b>Parents &amp; Tots (18 mon to 3 yr)</b> 1X/Wk 45 min 57/mon; 2X/Wk 87/mon	10:00 AM <b>1 &amp; 2 PM</b> 4:00 PM	10:00 AM <b>1 &amp; 2 PM</b> 4:00 PM	10:00 AM <b>1 &amp; 2 PM</b> 4:00 & 4:45	10:00 AM <b>1 &amp; 2 PM</b> 4:00 PM	4:00 PM	9:00 AM 11:00 AM
<b>Little Stars (3 -4 yr)</b> 1X/Wk 45 min 57/mon; 2X/Wk 87/mon	9 & 10 AM <b>1 &amp; 2 PM</b> 4 PM	9 & 10 AM <b>1 &amp; 2 PM</b> 4 PM	9:15 & 10 <b>1 &amp; 2 PM</b> 4:00 & 4:45	9 & 10 AM <b>1 &amp; 2 PM</b> 4 PM	9:15 & 10 AM <b>1 &amp; 2 PM</b>	9:00 AM
<b>Jump Start Kids (4 1/2-Kindergarten)</b> 1X/Wk 45 min 57/mon; 2X/Wk 87/mon	9 & 10 AM <b>1 &amp; 2 PM</b>	9 & 10 AM <b>1 &amp; 2 PM</b> 4:45 PM	9 & 10 AM <b>1 &amp; 2 PM</b> 4:45 PM	9 & 10 AM <b>1 &amp; 2 PM</b> 4:45 PM	4:30 PM	<b>9 &amp; 10 AM</b>
<b>Li'l Warriors (Preschool Parkour)</b> 1X/Wk 45 min 57/mon; 2X/Wk 87/mon	9 & 10 AM <b>1 &amp; 2 PM</b> 4:00 PM	9:00 AM <b>1 &amp; 2 PM</b> 4:00 PM	<b>1 &amp; 2 PM</b>	<b>1 &amp; 2 PM</b> 4:00 PM	<b>9 &amp; 10 AM</b> <b>1 &amp; 2 PM</b>	
<b>Preschool Hip Hop</b> 1X/Wk - 62/mon; 2X/Wk - 112/mon	<b>1 &amp; 2 PM</b>	<b>1 &amp; 2 PM</b> 10:00 AM	<b>1 &amp; 2 PM</b>	<b>1 &amp; 2 PM</b> 10:00 AM	<b>1 &amp; 2 PM</b>	12:00 PM
Invite Only - Team Track	MON	TUE	WED	THU	FRI	SAT
<b>Boys Super Stars (Invite Only)</b> Boys ages 4-5; 1X/Wk; 1 Hr - 62/mon						9:00 AM
<b>Li'l Flippers (Invite Only)</b> 1X/Wk; 1 Hr - 62/mon		10:00 AM		10:00 AM		10:00 AM
<b>Hotshots (2 Hr Class; Invite Only)</b> 2X/Wk - 161/mon	Boys 4:00	Girls 4:30 PM	Boys 4:00	Girls 4:30 PM		
Girl's Recreational Gymnastics	MON	TUE	WED	THU	FRI	SAT
<b>Girl's L1 (1st Grade +)</b> 1X/Wk; 1 Hr - 62/mon; 2X/Wk - 99/mon	4:30 PM 5:30 PM	4:30 PM 5:30 PM	4:30 PM 5:30/ 6:30	4:30 PM 5:30 / 6:30	4:30 PM 5:30 PM	9 & 10 AM
<b>Girl's L2 (1st Grade +)</b> 1X/Wk; 1 Hr - 62/mon; 2X/Wk - 99/mon	5:30 PM	5:30 PM	5:30 PM	5:30 PM	5:30 PM	9 & 10 AM
<b>Girl's L3 (2 Hr Class)</b> 1X/Wk - 105/mon; 2X/Wk - 161/mon		6:30 PM		6:30 PM		11:00 AM
<b>Girl's L4+ (2 Hr Class; Invite Only)</b> 2X/Wk - 161/mon		6:30 PM		6:30 PM		
Boy's Recreational Gymnastics	MON	TUE	WED	THU	FRI	SAT
<b>Boy's L1/2 (1st Grade +)</b> 1X/Wk - 62/mon; 2X/Wk - 99/mon		4:00 PM		4:00 PM	4:00 PM	
<b>Boy's L3 (2 Hr Class)</b> 1x/Wk -105/mon						10:00 AM
Parkour	MON	TUE	WED	THU	FRI	SAT
<b>Parkour L1</b> 1X/Wk, 1 Hr; 67/mon; 2X/Wk - 105/mon	5:00 PM		5:00 PM		5:00 PM	9 & 10 AM
<b>Parkour L2</b> 1x wk 1 1/2 Hr 82/mon; 2x wk 130/mon	6:00 PM	6:00 PM	6:00 PM	6:00 PM	6:00 PM	
Dance/Hip Hop	MON	TUE	WED	THU	FRI	SAT
<b>Silverback Hip Hop</b> 1X/Wk - 62/mon; 2X/Wk - 112/mon						12:00 PM
<b>Silverback Breakdancing</b> 1X/Wk - 62/mon; 2X/Wk - 112/mon						1:00 PM
Tumbling	MON	TUE	WED	THU	FRI	SAT
<b>Tumble L1</b> 1X/Wk - 67/mon; 2X/Wk - 105/mon	5:30 PM	5:30 PM		5:30 PM		
<b>Tumble L2</b> 1X/Wk - 79/mon; 2X/Wk - 125/mon	4:30 PM 6:30 PM	5:30 PM 6:30 PM	4:30 PM 5:30 PM	5:30 PM 6:30 PM	5:30 PM	
<b>Tumble L3+</b> 1X/Wk - 79/mon; 2X/Wk - 125/mon *NON HIGH SCHOOL CLASS*	7:30 PM 8:30 PM	7:30 PM 8:30 PM	*6:30 PM* 7:30 PM 8:30 PM	7:30 PM 8:30 PM	6:30 PM	
Home School Classes	MON	TUE	WED	THU	FRI	SAT
<b>Age 6+, Co-Ed,</b> 1X/Wk - 62/mon					1:00 PM	
Open Gym	MON	TUE	WED	THU	FRI	SAT
All Classes Need a Minimum of 3 Students to start up.	10:45-Noon	10:45-Noon	10:45-Noon	10:45-Noon	10:45 - Noon 2:00 - 3:30	2:30-4 PM \$10 Non-Member \$6 Member
	\$5/ Person, Max \$12/Family Mon-Fri Only					

**TIMES AND CLASSES IN RED INDICATE NEW CHANGES IN SCHEDULE STARTING SEPTEMBER 25TH**